

*Are you a **RELATIVE** of someone with **PSYCHOSIS** or **BIPOLAR DISORDER**?*

Relatives Education and Coping Toolkit....

- Do you feel DISTRESSED?**
- Would you like SUPPORT and information via an online toolkit for relatives?**
- Would you like to take part in an ONLINE research study for relatives?**
- If the answer to these questions is YES then we'd love to hear from you!**

What is REACT?

REACT (Relatives Education And Coping Toolkit) is online peer-supported toolkit for relatives of people with psychosis or bipolar disorder. The aim of this study is to test the effectiveness of REACT for reducing relatives' distress and explore the costs involved in delivering this intervention.

Is this research for you?

Participants must be aged 16 years old or over, have access to the internet, and be able to understand written and verbal English.

Who are we?

We are a team of researchers from Lancaster University, Lancashire Care NHS Foundation Trust, Liverpool University and University College London. This project is funded by the National Institute for Health Research Health Technology Assessment (ref 14/49/34).



For more information or to register for this study please visit

www.reacttoolkit.co.uk

Or contact the REACT Team on react@lancaster.ac.uk