



## Information and Advice

An information and advice service especially for disabled people, older people, those with long term health conditions, carers, families and health professionals.

Just some of the areas we provide information and advice on are:

- ☒ **Benefits**
- ☒ **Access**
- ☒ **Transport**
- ☒ **Equipment**
- ☒ **Personalisation**
- ☒ **Leisure**
- ☒ **Grants**
- ☒ **Activities**
- ☒ **Support Plans**
- ☒ **Volunteering**

And much more

**0115 978 5095**

**[Info@disabilitydirect.com](mailto:Info@disabilitydirect.com)**

**[www.disabilitydirect.com](http://www.disabilitydirect.com)**